

Lakota Circles of Hope Facilitator Fidelity Self-Assessment Form

Lesson 6: Woksape/Wisdom

Date: _____ Grade: 5th Number of Students: _____ Boys _____ Girls _____
 Start Time: _____ End Time: _____ Estimated Time on Task: _____
 School: _____ Facilitator/Educator: _____

Please check off activities that were completed.

Activity	Completed	Facilitator	√	Youth Outcome
1. Review last lesson 2. Talking Circle/Smudge	<input type="checkbox"/>	Highlight last lesson "The Sharing Shawl Blanket" and last week value Wisdom-Woksape (wo-ksa-peh)	<input type="checkbox"/>	To learn what constitutes good character in a person. All students will be able to actively participate, and take ownership inside the Medicine Wheel Circle. Increase self esteem.
	<input type="checkbox"/>	Have students form Medicine Wheel Circle and smudge, Talk about circle protocol. Introduce today's value Bravery- Woohitika (wo-o-hi-ti-ka).		
3. Listen to audio recording, "The Story of the Snake"	<input type="checkbox"/>	Listen to audio recording of "The Story of the Snake," process with students about the story and ask questions.	<input type="checkbox"/>	Students will understand value of Bravery.
	<input type="checkbox"/>		Students will identify with peer pressure and their own personal experiences and identify good character traits in themselves.	
4. Do circle activity, "Pressure Point"	<input type="checkbox"/>	Pass out workbooks and handouts.	<input type="checkbox"/>	The students will practice the Lakota value of Bravery, and understand criteria for safe and healthy relationships and how to set clear boundaries.
	<input type="checkbox"/>	Students stand up and open and close clothespin as many times as possible.		
	<input type="checkbox"/>	Students sit down and discuss pressure point activity and ask questions.		
	<input type="checkbox"/>	Explain any peer pressure situation, you need to remove yourself quickly and firmly.		
	<input type="checkbox"/>	Closing: Put all materials away.		Students will understand about the self-destructive nature of drugs and alcohol, and will have an increased understanding of peer pressure, and ways to resist it, and be more prepared to talk about drugs, sex and alcohol abuse.

1) Were there any challenges with any of the activities? ___ Yes ___ No

Why? _____

2) Did you skip any activities? ___ Yes ___ No

Why? (e.g., group too large, had mandatory fire drill, etc.) _____

3) Which activity or activities went especially well for you?

4) Did you make any changes in this session? ___ Yes ___ No

Why? _____

5) If you made any changes how would you rate the changes?

___ **Green (Spontaneous or Minor)** ___ **Yellow** ___ **Red (Major)** ___ **Does not apply**